Learn more about SCS at ControlYourPain.com, and make an appointment to talk to your doctor.

The only thing you have to lose is your pain.

The patient quotes in this brochure describe real personal experiences. Individual results may vary. Patients can experience different levels of pain management and different changes in their activities and use of medications. Discuss with your physician to determine if you are a candidate for SCS therapy and what your pain can be treated with.

References:

Indications for Use: The Boston Scientific Spinal Cord Stimulator Systems are indicated as an aid in the management of chronic intractable pain of the trunk and/or limbs, including bilateral or unilateral pain associated with the following failed back surgery syndrome: Somatosensory Evoked Potential (SEP) Types I and II, intercostal pain, low back pain, and leg pain. Associated conditions may include radicular pain syndrome, reflex sympathetic dystrophy, and chronic pain with no known cause.

Contraindications: The Spinal Cord Stimulator systems are not for patients who are unable to operate the system, have failed trial stimulation by failing to achieve effective pain relief, or poor surgical risks, or are pregnant.

Patients implanted with the Precision™ MRI, Precision™ Spectra™ or SpectraWaveWrite™ Spinal Cord Stimulator System with ImageReady™ MRI Technology are “MRI Conditional” only when exposed to the MRI environment under the specific conditions defined in the ImageReady™ MRI Full Body Guidelines for Precision® MRI Spinal Cord Stimulator System and ImageReady™ MRI Full Body Guidelines for Precision® Spectra™ or SpectraWaveWrite™ Spinal Cord Stimulator System Manual (Meditel Only MRI device). The Precision MRI SCS System provides full body access to full body MRI scans only when used with the MRI leads and exposed to the MRI environment under the specific conditions defined in the ImageReady™ MRI Full Body Guidelines for Precision® MRI Spinal Cord Stimulator System.

Warnings: Patients implanted with Boston Scientific Spinal Cord Stimulator Systems without ImageReady™ MRI Technology should not be exposed to Magnetic Resonance Imaging (MRI). Exposure to MRI may result in disengagement of the stimulator or leads, losing of the stimulus, severe damage to the stimulator electronics and an uncomfortable or painful sensation. As a Spinal Cord Stimulation patient, you should not have any difficulty as either a treatment for a medical condition or part of a surgical procedure. Strong electromagnetic fields, such as power generators or heart detection systems, can potentially turn the stimulator off, or cause uncomfortable feeling stimulation. The system should not be charged while sleeping. This Spinal Cord Stimulator system may interfere with the operation of implanted cardiac devices such as pacemakers or implantable cardiac defibrillators. Advise your physician that you have a Spinal Cord Stimulator before going through with other implantable devices or therapies so that medical devices can be monitored and appropriate safety measures taken. Patients should not operate motorized vehicles or potentially dangerous machines with therapeutic stimulation switched on. Your doctor may be able to provide additional information on the Boston Scientific Spinal Cord Stimulator systems. For complete indications for use, contraindications, warnings, precautions, and side effects, call 800.359.4717 or visit ControlYourPain.com.

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

All trademarks are the property of their respective owners.

Discover the Power of Personalized Pain Relief

Spinal Cord Stimulation from Boston Scientific

ControlYourPain.com
Chronic pain can affect you in profoundly personal ways.

Abandoned hobbies. Strained relationships. Damaged careers. Chronic pain can steal much of what makes you you. On top of that, many of the “one-size-fits-all” treatments you’re offered fail to provide deep, lasting relief.*

At Boston Scientific, we offer something different.

In fact, it’s different for every patient. It’s a proven pain management therapy called Spinal Cord Stimulation that can be personalized to treat your unique pain.

*See indications on the back of this brochure.
What Makes SCS Unique?

Spinal Cord Stimulation (SCS) is safe, drug-free, and FDA-approved.

SCS is clinically proven to help reduce chronic pain.

Boston Scientific’s SCS systems can be personalized to your unique needs.

Boston Scientific’s SCS systems help tens of thousands of people worldwide manage their chronic pain – in part because of the personalized therapy they provide.

No two people feel pain in the same way. So it’s no surprise that the more we customize SCS therapy, the more likely you are to experience lasting pain relief.

“Since receiving my device, my kids have just been so excited to see mom get back into life again.”

- KAREN M.

See Karen’s story at ControlYourPain.com/RealStories
How Does SCS Work?

You feel pain when nerves send pain signals through your spinal cord to your brain.

SCS is designed to interrupt these signals so you don’t perceive them as pain.

**Stimulator**
A small device called a stimulator is implanted under the skin.

**Leads**
Thin, flexible “leads” are connected to the stimulator and placed near specific nerves along the spinal cord.

**Pulses**
The stimulator sends mild pulses through the leads to the nerves.

**Pain**
The pulses interrupt the pain signals en route to the brain.
What Does SCS Feel Like?

Some SCS systems replace pain with a tingling sensation called “paresthesia.”

Other SCS systems use a type of therapy you don’t feel.

Boston Scientific’s Spectra WaveWriter™ SCS System gives you both options in one device.*

“I like that I can make adjustments. I use the paresthesia setting at night when I’m lying down.”

- GREGORY G.

See Gregory’s story at ControlYourPain.com/RealStories

Because the Spectra WaveWriter SCS System offers multiple therapies at the same time, you can target different pain areas with different sensations simultaneously. This flexibility gives you the best chance of finding the right therapy for your pain.

*Paresthesia-free stimulation has been demonstrated to be safe and effective in patients who have been treated successfully with conventional, paresthesia-inducing stimulation for at least six months.
Will SCS Work for Me?

Before committing to SCS, you can “test-drive” the therapy with a temporary trial system.

A Boston Scientific Clinical Specialist works with you and your doctor throughout the process.

Our mySCS app helps you track progress and stay connected with your care team.

The Trial Process

1. Your doctor places the leads with a simple procedure similar to an epidural injection.

2. The leads are connected to an external trial stimulator that’s usually worn on your waist.

3. For about the next 3–7 days, you can go about your life experiencing the benefits of SCS.

“After the second day of my trial, we stopped and scheduled the implant. My success was that phenomenal.”

- MARY M.

See Mary’s story at ControlYourPain.com/RealStories

Clinical research shows that SCS patients who have the option of both paresthesia and paresthesia-free therapy* achieve better overall pain relief.¹

Boston Scientific’s Spectra WaveWriter™ SCS system gives you both options in one device.

While some other SCS systems rely on a single type of stimulation, the Spectra WaveWriter SCS System delivers multiple therapies in one device. With multiple therapy options, your SCS system can treat multiple pain areas simultaneously.

Relief Where You Need It

If you have pain in more than one part of your body, the Spectra WaveWriter SCS System can deliver different types of stimulation to different areas all at once.

Multiple Therapies. One Device.

The first SCS system to be FDA-approved to deliver both paresthesia and paresthesia-free therapy at the same time.

*Paresthesia-free stimulation has been demonstrated to be safe and effective in patients who have been treated successfully with conventional, paresthesia-inducing stimulation for at least six months.
Why Choose Boston Scientific? Proven Results.

**Worldwide Use**
Tens of thousands of patients across the globe rely on Boston Scientific’s SCS systems for long-term pain relief.

**Successful Trials**
More than 90% of Boston Scientific SCS patients reported a successful trial experience and chose to have the permanent implant.²

**Patient Satisfaction**
In a clinical study, more than 96% of Boston Scientific SCS patients said they were satisfied with their therapy and that they would recommend it to others with chronic pain.²

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**Significant Long-Term Relief**

<table>
<thead>
<tr>
<th></th>
<th>PRE-SCS (N=49)</th>
<th>AFTER 2 YEARS (N=38)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain Score (0-10)</td>
<td>8.6</td>
<td>2.98</td>
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</tbody>
</table>

In a major clinical study, back pain patients reported a nearly 6-point drop in pain score, even after two years.³
The Trial Worked. Now What?

The next step is to have a full implant, where the stimulator is implanted under the skin, usually in your low back.

The procedure is reversible and less invasive than traditional back surgeries.

Generally, patients go home a few hours after the implant procedure and report only minor discomfort that goes away in a couple of days.

Of course, as with any surgical procedure, there are risks with Spinal Cord Stimulation. Talk to your doctor to make sure you fully understand both the risks and the benefits.

“People sometimes are looking for a magic pill...SCS is the closest thing I have found to a magic switch.”

- CHRIS B.
How Do I Control My Relief?

You’ll be able to easily adjust your therapy with a wireless remote.

Your doctor and your Boston Scientific Clinical Specialist will show you how to use it.

Your doctor will also help you choose between our rechargeable and non-rechargeable stimulators. In general, rechargeable stimulators last longer and so provide more therapy options.

Charging the device is a simple process and can be done while reading, watching TV, or even walking around the block.

“The pain in my left foot is much worse than my right. [With my] Boston Scientific stimulator...I can have more stimulation in my left foot.”

- NEIL D.

See Neil’s story at ControlYourPain.com/RealStories
Frequently Asked Questions

**Is SCS a cure?**
SCS is not a cure, but rather a long-term pain management solution that may allow you to cut back on medication and resume some of the activities you used to enjoy.

**Is SCS covered by insurance?**
Yes, SCS is covered by Medicare and most commercial insurance and workers’ compensation plans. Your doctor can help you collect the necessary documentation.

**Are there travel or other restrictions?**
Our SCS systems won’t prevent you from going through airport security or getting X-rays, CT scans, PET scans, or ultrasounds, but your stimulation should be turned off and you should proceed with caution.

**Can I get an MRI with a stimulator?**
Yes, Boston Scientific offers stimulators that allow for full-body MRIs. Talk to your doctor about which device is right for you.

**Is the implant procedure reversible?**
Yes. Both the trial system and the implant are reversible.

Helpful Terms

**External Trial Stimulator (ETS):** A temporary SCS stimulator worn outside of the body during the trial.

**Implant:** The full (or “permanent”) SCS procedure, during which the stimulator is placed under the skin.

**Leads:** The part of the SCS system that connects to the stimulator and carries pulses to spinal cord nerves.

**Multiple Therapies:** The ability to deliver multiple types of stimulation — including paresthesia and paresthesia-free.*

**Pain Management Physician:** A doctor who specializes in treating chronic pain.

**Pain Score:** The amount of pain you feel on a scale of 0 to 10.

**Paresthesia:** A soothing sensation created by many SCS systems to mask pain.

**Paresthesia-free:** A type of stimulation that produces no sensation, also known as “sub-perception.”

**SCS System:** All of the SCS treatment components, including the stimulator, leads, remote control, and any charging accessories.

**Stimulator:** The part of the SCS system that generates electrical pulses, also known as an Implantable Pulse Generator, or IPG.

**Trial System:** A temporary SCS system that allows patients to try out the therapy.

*Paresthesia-free stimulation has been demonstrated to be safe and effective in patients who have been treated successfully with conventional, paresthesia-inducing stimulation for at least six months.*
What’s the Next Step?

Make an appointment to talk to your pain management physician about SCS with Boston Scientific. Or find more information using these resources:

Visit ControlYourPain.com. Watch informational videos and real patient stories; learn more about SCS; locate a pain management physician near you.

Speak with a Boston Scientific Care Specialist. Our trained, U.S.-based educational support staff can be reached at 1-833-724-7311.

Send in your CARE card. Fill out the attached postcard to have a Boston Scientific Care Specialist contact you.

Talk to a real patient living with SCS therapy. Our volunteer Patient Ambassadors are real SCS patients who are happy to share their personal experience. Call 1-800-819-4727 to schedule a conversation.
Watch the enclosed DVD.

It includes a Q&A with our own Kira Trexler—a Boston Scientific Clinical Specialist, Registered Nurse, and an SCS patient herself.

CARE for Your Chronic Pain

Communicate | Advocate | Relate | Educate

Please have a Boston Scientific representative contact me with more information and answer any questions I have about SCS.

I prefer to be contacted by ( ) Phone ( ) Email.

Name

Phone

Email

Please send me additional information about SCS or upcoming educational events. ( )

Address

City, State, Zip

Your Pain Management
or Family Doctor

Date
Ready to take the next step? Fill out this card and drop it in the mail.